



President: The Earl of Pembroke

# Your Hospital, Your Health, Your Charity



## Meet the local people that your support is helping

**The Stars Appeal is Salisbury District Hospital's charity.**

Your donations and fundraising enable us to help thousands of local people every year to get better faster, return home sooner and have a more positive hospital experience by funding projects, over and above what our NHS provides, which offer direct, practical support to patients and their families.

2019/2020 Update

# “Welcome”

**Your continued support and fundraising for the Stars Appeal carries on at a terrific pace for which we are truly grateful. Earlier this year we announced the fantastic news that, thanks to your generosity, we had reached our target to fund a second MRI scanner. We are delighted to report that the scanner has now been ordered and will soon be helping thousands of local people.**

We now ask for your continued support as we strive to raise the £1million we need each year to keep funding life-changing projects at Salisbury District Hospital which offer direct, practical and emotional support to patients and their families.

It's our pleasure and privilege to introduce you to some of these people over the following pages. Their stories are inspirational and we thank them for allowing us to share them with you.



Of course, the projects detailed here represent just a small handful of examples of the charity's work. Every day, throughout the Hospital, fundraising, donations and legacies are helping local people get better faster, return home sooner and have a more positive hospital experience. This only happens because of you. Thank you so much for your continued support. We wish you a very peaceful and happy Christmas and all good wishes for 2020.

**Penny Brown**  
*Chairman - Fundraising Committee*

**The Earl of Pembroke**  
*President*

**Mr Graham Branagan**  
*Consultant Surgeon and Lead Clinical Ambassador*

## Keep in Touch

Call us on 01722 429005

Email us at [info@starsappeal.org](mailto:info@starsappeal.org)

Follow us on Facebook, Twitter and Instagram.

Sign up for emails and check our news at [www.starsappeal.org](http://www.starsappeal.org)

The Stars Appeal, Salisbury District Hospital, Salisbury, Wiltshire, SP2 8BJ

With thanks to Spencer Mulholland, Salisbury Journal, John Rose Photography and Simon Ward for their pictures.

Please see our privacy statement at [www.starsappeal.org/privacy](http://www.starsappeal.org/privacy)

Please let us know if you would no longer like to receive this newsletter or if you would rather receive it by email by contacting us using the details above.



President:  
The Earl of Pembroke

Registered Charity No: 1052284

# “You’ve made my cancer treatment unexpectedly wonderful”

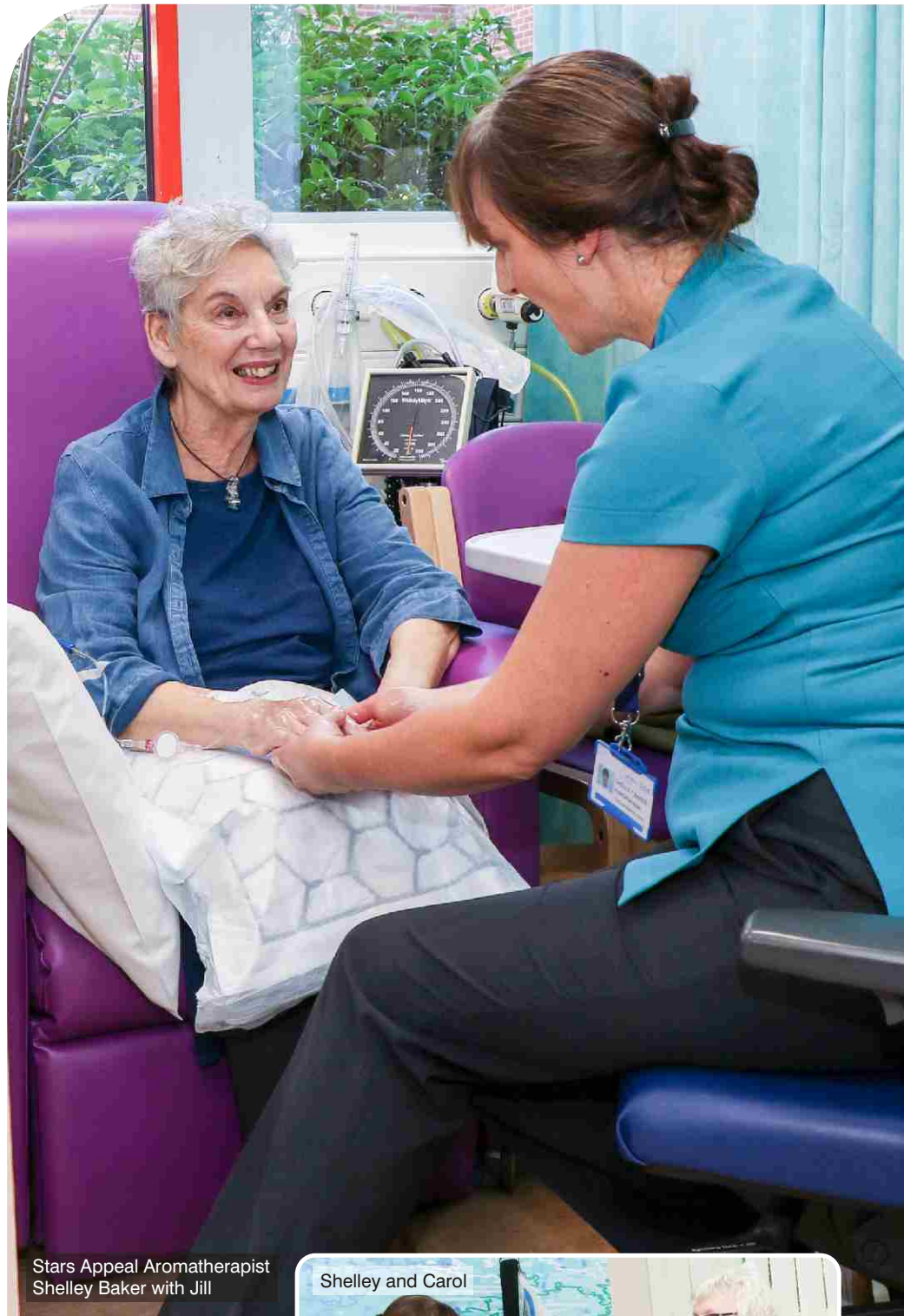
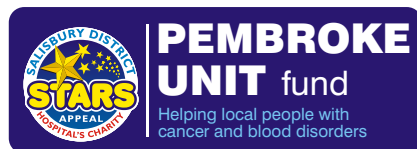
“I’ve had breast cancer for some years now, and I come to the Pembroke Unit every few weeks for chemotherapy. When you’re going through the stress of having chemicals pumped in to you, the aromatherapy and massages help to keep you calm and relaxed. It’s a wonderful service to be given and I’m so grateful for this and everything the Stars Appeal provides to patients like me.”

**Jill Crossley, Salisbury**

“I was diagnosed with ovarian cancer last year and I’ve been coming to the Pembroke Unit for chemotherapy ever since. My biggest surprise when I first came for treatment was to find that I was able to have aromatherapy with hand and foot massages. It was absolute bliss. It made me feel completely relaxed - so blessed and so cared for.

We all know about the hospital’s brilliant clinical staff, but until I came here I didn’t realise how many complementary services the Stars Appeal provides. The aromatherapy, refreshments, headwear and free Wi-Fi, it’s so unexpectedly wonderful. I’d like to say a huge thank you to everyone who donates to make the work of the Stars Appeal possible. To have these extra things offered so freely and so kindly is amazing.”

**Carol Part, Market Lavington**



Stars Appeal Aromatherapist Shelley Baker with Jill



Shelley and Carol

## About this project

The Stars Appeal provides support for over 2,000 local people undergoing cancer treatment on the Pembroke Unit each year. Your support means we can provide aromatherapy, Wi-Fi, headwear for patients losing their hair, and free refreshments. Please help us raise £65,000 this year to continue our vital work for local cancer patients.

# “Because of you, we’re able to stay with our little girls whilst they’re in hospital”



Rachel, Wyn, Phoebe and Mia

“Our twin girls, Phoebe and Mia, were born 10 weeks early and needed intensive care on the Neonatal Unit. It was a real shock and we were so worried about them. We live in Tidworth and I can’t drive after having an emergency C-section. We thought we might have to leave our babies in hospital, which would have broken our hearts, but thanks to the Stars Appeal and the people who support the charity, we can stay right by their side in the Stars Appeal family accommodation.”

**Rachel Dakin**

“The Stars Appeal accommodating us has a massive impact on our lives. Instead of seeing our twin girls for just a couple of hours during visits, we’re able to be here with them every day until they’re ready to come home. The Stars Appeal has allowed me to support my family and look after my newborn daughters. They are also providing excellent equipment for Phoebe and Mia. Without all of this, we’d be apart from our babies and they’d be in hospital longer.”

**Wyn Dakin**



## About this project

The Stars Appeal Neonatal Family Accommodation Unit provides a home-from-home for families whilst their premature or critically ill new baby stays on the hospital's Neonatal Unit. We also fund the latest equipment to help the Neonatal Unit team provide the best possible care to fragile young lives.

We aim to raise £50,000 over the next year to keep funding this important work and give local babies, born prematurely or critically ill, the best possible start in life.



# “You help make the Children’s Ward fabulous”

“It was the Easter holidays. Torri was quite tired, her chest was hurting and she became paler and paler. We went to Salisbury Hospital for a blood test. By 4pm that afternoon I was asked what I knew about leukaemia. It was a massive shock.

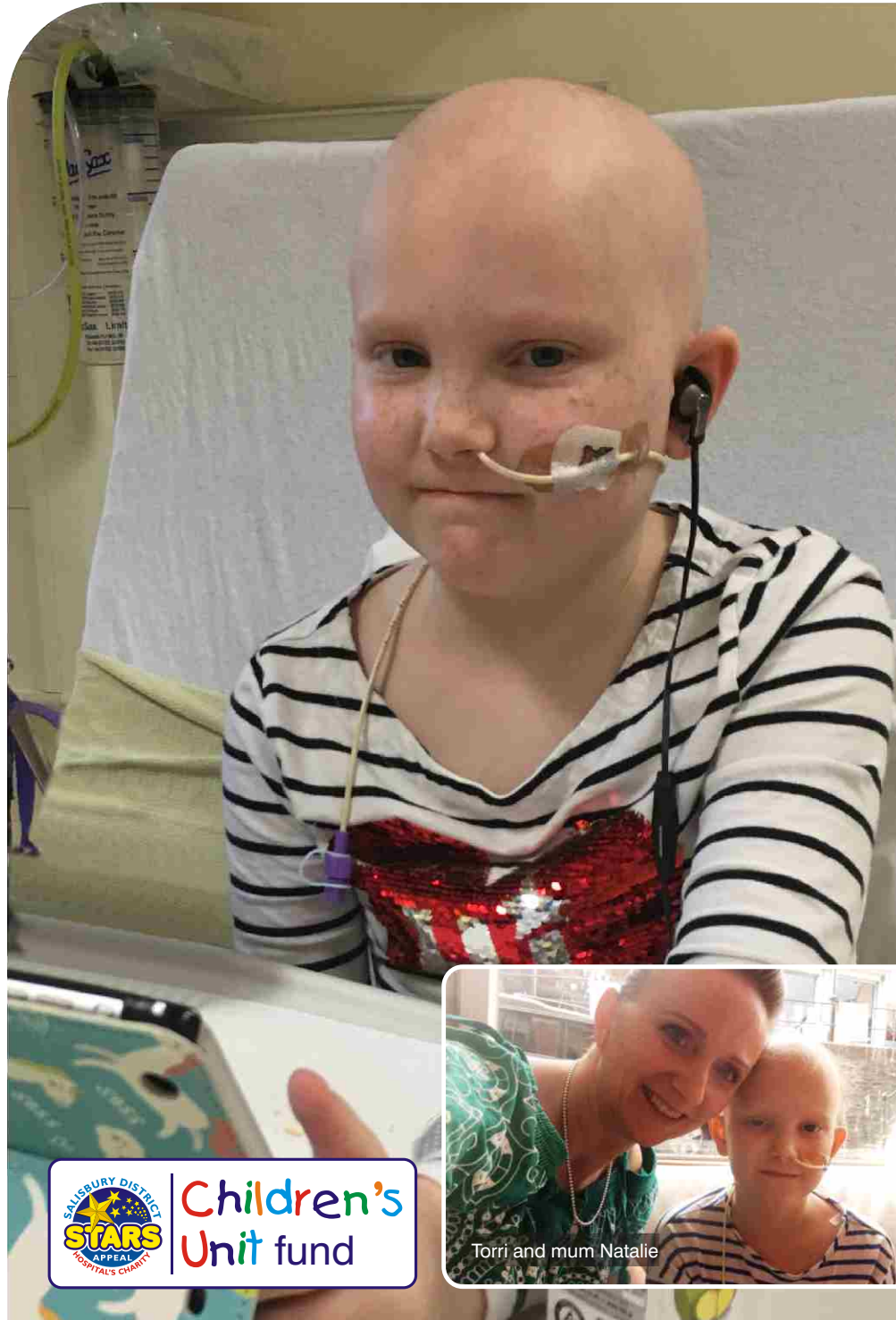
We've been in and out of the Children's Ward for the last 18 months. The extras the Stars Appeal provides are really important. We always have a comfortable room, with its own bathroom and a fabulous parent's bed for me so I can be there for her day and night and not have to worry about leaving her.

The whole ward is made to look bright and joyful. When you've been in hospital for a long time, this really lifts your spirits. It allows children to be children and makes them happy and smile.

Torri uses the Stars Appeal free Wi-Fi a lot. It means she can still have contact with her school friends and see what they're doing whilst she's in hospital for up to two weeks at a time. It's a link to normality for her.

Like most people, we're more used to giving to charity than being helped. But now we've had that role reversed which can happen to anybody. Thank you is a word that is said and banded around, but it means so much. It is just so humbling the lengths that people go to to support the Stars Appeal to help people in our situation. It's nothing short of amazing.”

**Natalie Stranger, mum of Torri age 9, Gillingham**



## About this project

Stars Appeal funding keeps the Children's Unit bright, welcoming and child-friendly, and means many children get their own room and bathroom. Over 20,000 children and their families benefit each year, and we need to raise £35,000 this year to ensure we can continue providing the very best environment for sick children and their parents.



# “The equipment your donations fund is really, really important to people like me”



“I’d been repeatedly ill for about two years. No one knew what was wrong. But then I got referred for an MRI scan at Salisbury Hospital. It showed I had a brain tumour.

It’s very, very hard. And it’s life changing. I’m not allowed to drive. Walking is difficult because of my balance, I get really worn out. Sometimes even talking is a struggle.

The equipment the Stars Appeal funds is really, really important, especially as it often means people can be treated locally and not have to travel elsewhere, and they don’t have to wait as long. I’ve had all my scans at Salisbury Hospital. Every time I go in I feel a lot more comfortable there than I would in another hospital, the staff are amazing.”

**Zoe Noble, Salisbury**



## About this project

Every year, the Stars Appeal aims to fund at least £500,000 worth of state-of-the-art treatment and diagnostic equipment to help hardworking medical staff provide patients with the very best possible care here at their local hospital. Examples include an anti-gravity treadmill for rehabilitation, a 3D cone beam head scanner for Oral Maxillo Facial Surgery, a topographer machine in the Eye Clinic, the Cardiac Suite and the second CT and MRI scanners. Your support will help us do more – thank you.



Dr Tim Wells in the Stars Appeal funded Cardiac Suite

# “Thank you for giving me some freedom”

“On a boiling hot day at Weymouth Beach with my friends, I dived unknowingly into shallow water, breaking my neck and paralysing myself from my chest to my toes. I’ve been in the Spinal Centre at Salisbury Hospital for over a year.

Soon after being admitted to Salisbury, I met Sonya and Jo, the two ladies that work for the Stars Appeal’s Spinal Centre Recreation project. They take patients like me out on day trips to see the outside world and to give us a sense of freedom again, which when you’re spending months in hospital is massively needed, trust me. I have been lucky enough to watch Southampton play football twice, go to Twickenham to watch England hammer France in the Six Nations and visit the Hawk Conservancy and Haynes Motor Museum. They don’t only do day trips, they also organise activities and social events like barbecues, hog roasts, cream teas, ploughman’s lunches and bacon rolls, all home cooked and served on the ward!

I remember the first trip they took me on. It was scary going out for the first time in a wheelchair. I thought people would look at me differently but actually you realise people are kind and helpful. I felt relieved, the pressure had been taken off of me. It made me feel relaxed about getting out and about again.”

**Josh Payne-Gover, Frome**



Josh with Stars Appeal Recreational Assistants Sonya Wade and Jo Purchase



Stars Appeal Trip to Kew Gardens

## About this project

Stars Appeal funded Recreational Assistants, Sonya and Jo, work with patients in the Spinal Centre, who will often be in hospital for over six months, enabling them to spend precious time away from the hospital and with family and friends. Over 120 patients are helped each year. We urgently need to raise £45,000 to continue funding this important project.

# “You make the ward full of joy”



Barbara singing with Stars Appeal Musician Alis Eaton

“I’ve been in hospital for a long time, nearly two months. I fell and had a knock on the head, so I’ve been a bit on the poorly side.

It’s lovely when the musicians come to the ward. I love music of all kinds, I’ve never been able to sing in my life but when they asked me to join in I said ‘yes, I certainly will!’ We

sang and we laughed and it was wonderful. Everybody in the ward enjoys the music, and the thought of them coming gives us something to look forward to. Sometimes the Stars Appeal people even take us for coffee in the hospital canteen. We meet patients from other wards and have a nice chat. The way the hospital has treated me has been

first-class, and these extra things make life in hospital wonderful and gay, and they help make us well.”

**Barbara Sim, Salisbury**



## About this project

We support over 10,000 older people and people with dementia in wards across Salisbury Hospital each year. Our work includes activities such as music, storytelling, dance, reading and playing games, as well as companionship, social activities like trips away from the ward, and visits from our foot care specialists. Your support can help us raise the £60,000 we need this year to continue helping older patients stay active, cope with being in hospital and prepare them for going home.

## Please help us to help more patients like Barbara by buying our Christmas Raffle tickets

The top prize is a brand new car worth over £8,000 supplied by F.J. Chalke of Mere, second prize is £1,000, third prize is £500 and there are more cash prizes as well! To buy your tickets, please fill in and return the stubs along with a cheque for the appropriate amount (payable to the Stars Appeal) in the Freepost envelope provided. We draw the raffle in early January, so please return your stubs as soon as possible - **thank you.**

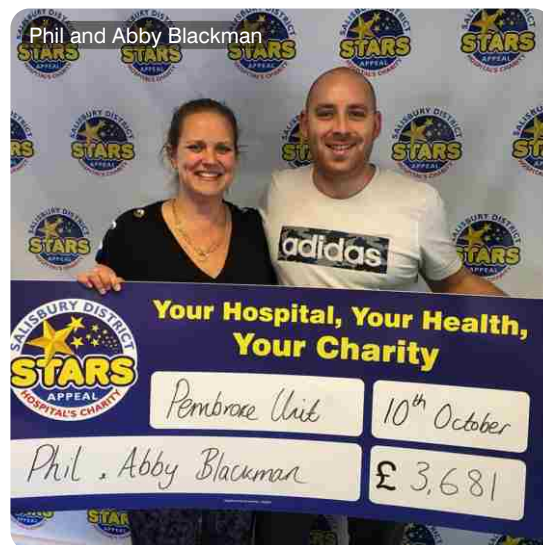




# Some of your brilliant fundraising...

Along with the generous donations and legacies we receive, we get great support from people organising many different events and activities. We are hugely grateful to everyone who supports us, and although we don't have enough space to mention you all, here are a few examples:

- Phil and Abby Blackman held a fundraising day in Wilton raising £3,820.90 for the **Pembroke Unit fund**.
- Friends of Diabetes at Salisbury Hospital raised £1,384.96 from car boot sales during the year, in support of the **Diabetes fund**.
- Suzanne Heyward raised £1,044.40 from her 5th Coffee Morning and Open Garden held in support of the **Breast Unit fund**.
- The Boys' Treasured Toys car event, hosted by Lord & Lady Pembroke and Lord & Lady Radnor, and organised in conjunction with the Berwick St John Country Fayre by Louise Hall, Matthew Pickford and Nick Combes, raised £7,051 for the **Every Patient fund**.
- Our charity bookshop in the Hospital's main entrance is run completely by volunteers and raises around £40,000 a year. Our thanks to all the bookshop volunteers.
- Peter and Anne Parrish organised the 9th Salisbury Model Engineering & Hobbies Exhibition and raised £2,500 for the **Rheumatology fund**.
- The University of Reading Polo Club held their annual Ball and raised £1,492 for the **Every Patient fund**.



- Sheila and Simon Collier hosted a Gin & Garden Party for the **Spinal Centre fund** raising £1,669.
- The Silver Plough at Pitton held quiz evenings throughout the year and donated £1,000 to the **Every Patient fund**.
- Spire FM organised 'Bring a Pound to Work Day' in October raising £12,484. Huge thanks to them and all that took part.

# Sporting Events & Challenges

- Cycling Lands End to John O'Groats, Jon Newland raised £6,062.32 for the **Pembroke Unit fund**.
- Lucy and Dan Sloan, along with family and friends, completed a Tough Mudder challenge and raised £6,566.12 for the **Neonatal Unit fund**.
- DS Nick Bailey ran the Salisbury Marathon raising £18,419 for the **Radnor Intensive Care Unit fund**.
- Race for Men 2019 raised £5,007 for the **Prostate & Urology fund**.



# Local Schools

- Shaftesbury School and Sixth Form, raised £3,048.76 for the **MRI Scanner Campaign** through their Raising & Giving Day.
- Pitton C of E Primary School donated £120.19 to the **Every Patient fund** from their Easter Service.
- Walters House at The Godolphin School held a car boot sale raising £200 for the **Every Patient fund**.
- The Trafalgar School raised £2,994 in their year of fundraising.



# Stars Appeal Events

- 2,000 people took part in this year's Walk for Wards raising £100,000 in sponsorship! The walk takes place at Wilton House each year by kind permission of Lord & Lady Pembroke, with support from the Wilton Estate team. Our thanks to all involved, particularly all the walkers, our sponsors Salisbury Reds and the fantastic marshals from Wilton Rotary Club. Join us for Walk for Wards 2020 on July 5th and walk to raise funds for the **hospital ward/department of your choice**.
- The Rockbourne Fair took place in October and looks to have raised around £50,000 for the **Every Patient fund**. Huge thanks to the committee of volunteers, chaired by Bev Moulding.
- A team of 51 local people took on the Stars Appeal Great Wall of China Trek in April. The Trek, organised in conjunction with Spire FM & JAS Hair, raised £133,326. **Details of our next trek to ancient Petra in 2021 can be found on the Stars Appeal website.**



# There are lots of ways to continue your support!

★ You can make a one-off donation or sign up to a monthly gift using the form overleaf ➔

★ We'd love you to fundraise for us. Please call 01722 429005 or email [info@starsappeal.org](mailto:info@starsappeal.org) to get your free fundraising pack.

★ Leave a gift in your Will. Local solicitors Parker Bullen will prepare straightforward Wills free of charge if you wish to benefit the Stars Appeal. Contact us to find out more.

★ Display a collection box at your business, pub, club, school, shop etc. Call us on 01722 429005 to arrange this.

★ Follow us and help share our news!



@StarsAppealSalisburyHospital



@StarsAppeal



@starsappeal



★ Sign up to take part in our annual sponsored walk at Wilton House and support the hospital ward/department of your choice. Family friendly 3k, 5k or 10k routes, free lunch, free entry to the adventure playground and gardens...



## Walk for Wards



**Sunday 5th July**  
at Wilton House

Sign up at: [www.starsappeal.org](http://www.starsappeal.org)

Principal sponsor:



**Salisbury Journal**  
The heartbeat of our community since 1729

The Salisbury Journal and Spire FM have once again provided fantastic coverage of all our news throughout the year. Our thanks, as ever, to these brilliant supporters and all their readers and listeners.



**Huge thanks to all our supporters. You are making a difference for patients at Salisbury District Hospital.**



# Your Donation

Your support will help us continue to help thousands of local people being treated at Salisbury District Hospital – thank you.

### Your details:

Title: \_\_\_\_\_ Forename: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Postcode: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Organisation name (if applicable): \_\_\_\_\_

### I wish to direct my donation as follows:

**The Every Patient Fund to help fund projects benefiting patients across the Hospital wherever the need is greatest**

**A specific ward, department, project or fund. Please state in the box below**  
 For example: Pembroke Unit, Cardiac Care, Breast Unit, Farley Stroke Unit, Dementia and Elderly Care, Neonatal Unit, Chaplaincy, Children's Unit, Spinal Centre, Benson Suite, Downton Ward, Wi-Fi, Radnor Intensive Care Unit, Amesbury Ward etc.

\_\_\_\_\_

### One off donation

I would like to donate £ ..... Please make cheques payable to: **The Stars Appeal.**

### Monthly Gift

I would like to give the sum of: £5  £10  £20  £50  £100  Other £ .....  
 (Please insert your own amount)

Every month until further notice. Starting immediately  or on:     /     /     (insert date)

Bank name ..... Bank address .....

..... Bank postcode .....

Account name .....

Account number ..... Sort code .....

**Please pay: Salisbury District Hospital Charitable Fund** the sum indicated above.  
 Natwest, 48 Blue Boar Row, Salisbury SP1 1DF. Sort Code: 54-41-19 Account No: 47011297

Signature: ..... Date: .....

### A gift in your Will

I am planning to leave a gift in my Will to the Stars Appeal and wish to let you know.

Please contact me with further details of your free Will writing service.

### Gift Aid - Make your gift grow by at least 25% at no extra cost to you.

*giftaid it* Please tick **Yes**

Date:     /     /

I want to Gift Aid my donation and any donations I make in the future or have made in the past 4 years. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

You can also donate online. Please visit [www.starsappeal.org](http://www.starsappeal.org)

We like to keep supporters up-to-date with the difference they are making by post but please tick here  if you'd rather not hear from us

We acknowledge all donations. If you would prefer **not to receive** a thank you letter, please tick here

Please return this form to: **The Stars Appeal**, Salisbury District Hospital, Salisbury, Wiltshire SP2 8BJ

The Stars Appeal is a Registered Charity No. 1052284 01722 429005 info@starsappeal.org www.starsappeal.org

**Thank you  
for your  
support**